Principal’s News – February 2025

“When you change the way you look at things, the things you look at change.”

– Dr. Wayne Dyer

**Explaining the News**  
Discussing the news with your kids is a great way to help them think critically about current events and process what they’re seeing. Common Sense Media provides helpful tips for families concerned about the impact of current events on kids. News stories can often be dramatic and may include disturbing images or information. Talking about the news as a family helps everyone stay informed while checking in on how each member is feeling and responding. Check out “Explaining The News to Our Kids” at <https://cnyns.org/41rfWl6>

Being a parent/guardian is a demanding role that requires you to be mentally sharp, physically energetic, and emotionally resilient. Prioritizing your nutrition and hydration is essential for staying at the top of your game. Here are some basic tips to maintain peak performance throughout your busy day. Start your day right by eating a nutritious breakfast that boosts energy. Stay hydrated throughout the day. Pack healthy snacks. Plan ahead with prepping meals and include anti-inflammatory foods.

Mondays with Marissa will focus on empathy. Empathy is defined as the ability to understand and share in the feelings of others. Why is empathy important? Empathy helps us to be a better person and friend. Having empathy helps you understand what others around you are feeling and what to do to support them.

Chinese New Year 2025 is the Year of the Snake. The snake is a symbol of wisdom, intuition, transformation, cunningness and stealth. Those born in the Year of the Snake are said to be recognized for their keen insight and extraordinary intelligence. The snake is also considered the most tenacious of the 12 zodiac animals. Draper Elementary Dual Immersion students will perform at 2:30 pm on Monday, February 3rd for parents and the community.

Parent Teacher Conferences will be held on Monday, February 24th and Wednesday, February 26th. Thursday, February 27th will be an early release and there will be no school on Friday, February 28th. We look forward to discussing your student’s educational goals and sharing in their success.

February Safety Drill will be a shelter in place. During this drill classrooms will shut their doors and maintain as normal while the safety committee inspects for hazardous materials.

Calendar items:

February 3-7 White Ribbon Week

February 3 Mondays with Marissa, empathy

February 3 Chinese New Year parent program; 2:30pm

February 5 PTA meeting, 9am in the faculty room

February 7 Chinese New Year school performance; 9:15am

February 10 SCC meeting; 4pm in the library

February 17 Presidents Day, No school

February 24 Parent Teacher Conferences

February 26 Parent Teacher Conferences

February 27 Early release; 1:50pm

February 28 No School